

HOW TO GROW YOUR QWEN-DALA ("locks")

3. **By Nature** - Letting your hair grow (go) naturally as it springs forth from the source inside your head.

2. **By Guidance** - Twisting the hair by crisscrossing it together as if it were twine or rope.

1. **By Braiding** - Plaiting or braiding the hair and letting them grow into locks.

Kushlier (kinky or "kingly") hair has the tendency to unify and grow together as one naturally. Therefore methods 2 and 3 are not necessary for most Ethiopians. Some people on the other hand want thin to medium locks. The way the hair grows naturally reflects the individual's state of mind. **Separating the locks as they grow causes the individual hair strands to become weak, thin and eventually break. It's not a good idea to get into the habit of separating the locks from each other.**

Woolly hair which is **Kushlier** (kinky or "kingly") will always grow into locks when you stop combing or putting chemicals in it! **Qwen-dala** (locks) are simply long spirals and curls. The **Kushlier** (kinky or "kingly") your hair is, the quicker this natural process takes place. **Kushlier** (kinky or "kingly") hair which has curls and spirals naturally grows into **qwen-dala**

which is the natural spiral of our hair. If your hair is **dog-like** or 1 **ethos** which is straight, the locking process will take much longer.



KWISH ("KUSH")
The Father of Ethiopia

Natural Woolly
Just bear

witness to how beautiful our hair will be when we give it the opportunity to grow in it's **Kush-**

like natural state which is "free flowing" without comb or chemicals. Chemicals and combs (the rake; rape) only damages, ruins, and kills the natural **æither** (ether) of our **lamb-like woolly hair**. **Don't Believe the lie that 'hair' is dead!** If your 'hair' is "dead" then so are you! If you are "alive" then so is your hair. **It's only when you rape and take your "lamb's wool" by combing, perming, processing, frying, lysing, dyeing, straightening, and chemicalizing that you can "kill" it. Actually you are killing it's **æither** (ether). **Don't burn your lamb's wool, don't kill your hair. Murder is murder (Red rum) and death is death as LOVE is LOVE and LIFE is LIFE! Do you overstand!!****

NO TENSION

Allowing our **woolly Ethiopian hair** to grow into **qwen-dala** (locks) will causes no tension on the hair shaft or brain cells because there is no force willing or tugging the hair and head. This allows the hair to grow long, healthy and beautiful. By combing the hair you pulling on the hairshaft.

Twists are defined as "crisscrossed, rope style hair". This 'style' is designed to "stretch the hair and allow it grow in a set style, pattern, thinness or thickness while growing into **qwen-dala**." **Twists can be formed thick or thin, big or small.** A word of warning: **If you twist your hair too thin this will cause breakage when the hair begins to lock and grow long.**

BRAIDS

Qwen-dala (locks) can also be formed by braiding the hair and allowing them to grow into **qwen-dala** (locks). **Braids** are designed to "stretch and group the hair together". Depending on the 'style' one desires, the braids can be big or small. This 'style' allows the hair to grow long into **qwen-dala** over a period of time. Patience is the key! Braids can be big or small depending on the desired look.

LINT

Our hair because it is **woolly** can pick up a lot of lint therefore it is a **must-necessity** to keep your **qwendala** (locks) to groom them often and regularly. Take the necessary care to do this in the beginning stages of 'locking' your hair. If you don't keep you hair **well groomed**, lint might become deep set within your hair that if will be impossible to remove later. If you do have lint that is lodged in your, don't pick it out unless it's near the surface. Nine times out of ten, picking deep set lint causes breakage of the lock at a later time because you upset the structure of the **qwen-dala**.

UP KEEP

Washing your **qwendala** (locks) with natural essences such as aloe, cassia (cactus) is very good for the hair and the head. Also shampoo-ing or just getting your **qwen-dala** wet as often as you can is one of the keys to a healthy and clean growth of hair. Washing the hair helps keep your hair clean and fresh.

Remember the saying that "cleanliness is next to Godliness". The weight of the water also helps your hair descend or "drop down" as well as bring dirt, germs and lint to the surface. *Environment also helps. For example We've heard it said that "People who grow locks and live in the Caribbean, Latin America, Ethiopia (Afrika) and other tropical and warmer places in the world and have access to springs, rivers and waterfalls tend to have more lint free, longer, stronger and more beautifully groomed, lustrous looking hair because of the water, sunshine and purer air." **THIS IS VERY TRUE!***

Help with lint

A word of good advise is to stand with your **qwen-dala** under the shower. If you're in Africa or the Caribbean water falls will do as good or better job in helping bring the lint to the surface from within the **qwendala** (lock).

A good LIVET helps

A good Livet which some misinformed people call a "diet" also helps to refine the mind and prepare oneself for the **covenant of the locks**. Use natural and organic herbs and eat plenty of fresh fruits and vegetables. Also drink lots fresh spring water if you can. You must cleanse yourself mentally, physically and spiritually from the inside out is the idea. This is what it really means "to be born again".

We've have now given you several ways for you to begin the **growing process**. The best way of course is **naturally**. Yet and still every human being has the right to decide their own destiny. **Take Our Advise: NATURAL (process #3) IS BEST AND BLEST. A LITTLE GUIDANCE (process# 2) IN THE BEGINNING HELPS!!**

Locks mean *different* "things" to *different* people. So think that it's just "fashion" or a "fashion statement". That's not true as we have already explained. The truth is that growing your hair as locks is a very sacred and divine vow (**READ NUMBERS CHAPTER 6**). This will be discussed in a future **A'EMMRO newsletter**. Nevertheless you can learn more by reading your Holy Bible and studying the scriptures with the *Apostles of Rastafari*; 'Knowledge and "Elyas". For some it :a fashion statement. Ethiopian priests and priestesses, prophets, prophetesses and scientists who grew their hair long as a testament to their separation from the ways of the world to the ways of the Creator, **YAH RASTAFARI**. Our **qwendala** are antennas for spiritual communication with the **Most High YAH and the Lamb RASTAFARI**. **Make a change. Come Home To The Covenant Of YAH RASTAFARI! The seventh day is almost here so KEEP THE SABBATH HOLY AND KEEP THE COVENANT!!**



Keep In Touch, Stay In Tune!



RAS TAFARI

OVERSTANDING - AH-EM RO

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How To Grow Your "dreadlocks"



THE RIGHT WAY



THE WRONG WAY



The Lamb's Bread RAS TAFARI is The LAMBI SERVING THE 144,000

In All Ways Remember The Poor And Needy

what you've been waiting for is finally HAIR... the true Ethiopian science of HOW TO GROW YOUR LOCKS (falsely called "dreads" and "dreadlocks") is finally here!! READ ON.....

Locking your hair is A'EMMRO "a state of mind". Much to some people's amazement, many have found that when they begins to let their hair grow freely (remove the combs and chemicals), they will experience an almost high magical state of euphoria. This is the original state of being of the original Hu-manity. Letting your hair grow into locks can be a step toward knowledge of the RAS (head of Hu-manity; the self) and freedom of mind. Stop downpressing ("oppressing") your hair and make the choice and GROW YOUR LOCKS!!

By growing your locks you will begin to experience life much differently. The way that the "world" sees you and how you will begin to see them won't be the same. People who you know will 'act' much different after you've made that step towards your future. In this "modern" time we must show and prove our ETHIOPIAN MIND, BODY AND SOUL. WE ARE THE HOLY PEOPLE!!

To Find Out More About:
THE MOVEMENT OF
YAH'S PEOPLE

&
Your True Culture
Write Us At Our New Address
The Lion Of Judah Society
P.O. Box
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We advise that anyone who decides to come home first to read Numbers Chapter 6 fully and carefully.

What is a Nazarite ?
A nazarite (real Rastafari) is a "holy" individual. The word nazar means "one singled out; one separated". Since a nazarite is holy, their locks (qwen-dala) must

be regarded as holy also. Holy means "pure and undefiled". We as Nazarite Rastafaris grow our locks over our entire head as LI'UL (the Most High) tells us to. If you are one of the King's children you would do the same. The Book of Numbers Chapter 6 will tell you more.

LOCKS ARE NOT TO BE SHAVEN ON THE SIDES, "FASHIONED" INTO SO-CALLED STYLES SUCH AS FLAT TOPPED OR UNCOVERED IN PUBLIC WHEN WORN BY WOMEN!!

The fact is that growing locks are NOT a style or a "fashion statement"; LOCKS ARE A COMMITMENT TO TRUTH AND RIGHTS, LOVE AND LIGHT!! WE DON'T "DREAD" OUR HAIR, WE LOVE IT!! DO YOU UNDERSTAND ??

We Are In The World Not Of It
When any Ethiopian (black/brown) individual grows their locks they are separating themselves from the world of Babylon which means that certain styles such as shaven the head bald here and there and other such "fashions" of the Babylonians (down-pressors; distressors) are STRICTLY AVOIDED!! Don't try and say that the Ameynras has just started to say this in 1993 a.d. because I've always been saying this and THE BIBLE SEY SO!

NUMBERS CHAPTER 6 VERSE 5 (IN PART)
"ALL THE DAYS OF THE VOW OF HIS SEPARATION THERE SHALL NO RAZOR COME UPON HIS HEAD."

Do you understand what it means by "no razor" ? It means not to grow "dreads" and shave the sides of your hair.

STOP HALF STEPPING OR YOU'RE GOING TO BE STEPPED ON!! If you don't have "what it takes" to lock your hair completely DON'T DO IT AT ALL!

OUR FLAG!!
"Red, Gold, and Green"



Green stands for ETHIOPIA
Yellow stands for GOLD
Red stands for ONE LOVE

a flag is a symbol of the identification of a nation
Our Nation Is Ethiopia!
And Since We Are Ethiopians Abroad We Must Never Forget Where We Came From And Why We're Here...

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So to all you "sisters" and "brothers" who grow your "dreads" or "dreadlocks" and cut the sides and shave them: YOU'RE NOT PART OF THE COVENANT UNTIL YOU COME CORRECT! YOU'RE NOT PART OF THE HOLY PEOPLE AND YOU'RE NOT ONE WITH US!

IF YOU WANT TO BE ONE OF THE CHOSEN YOU'VE GOT TO COME CORRECT. THIS MEANS GROWING YOUR LOCKS COMPLETELY AND CORRECTLY! Think About It!

Now who am I to say this ? I've been there and now I'm here. I've watched you and you never knew who I was. You've seen my face before but you never knew who I was. Now I'll inform you and put all the "backstabbers" and "slanders" to rest. I'm your warner, I'm your re-newer, I'm a teacher of righteousness. You can call me EL-YAH or even EL-YAS. I am the AMEYN RAS known as the one who has come to prepare the way of YAH and his Lamb!

REVELATIONS CHAPTER 3 VERSE 14 (IN PART)
"THESE THINGS SAITH THE AMEN, THE FAITHFUL AND TRUE WITNESS, THE BEGINNING OF THE CREATION OF GOD;"

There's a big difference between what you think is "right" and what is RIGHT AND EXACT. There is a big difference between what you're doing ignorantly (ignoring the facts) and what you actually should be doing. Most of you people who shave the corners or "sides" of your heads look like Philistines and not like Ethiopians.

It is true that our hair receives energy from the source which flows and ebbs throughout the universe. We as Nazarite Rastafaris are in tune with this same vibration which is also found in certain types of music and sounds (words). Hair is a sensory organ. It lives, it feels. When it is grown properly it tunes

into the universal source of all which we know as AMLAKU the Source. The word AMLAK means "Om sent".

In our newsletter A'EMMRO writ no. 4 entitled "Why Grow Your Dreadlocks?" (February 1993 a.d.) We just explained to you some of the basics of the sun people science of the AMEN RASTAFARI people. Now we're going to take it one step further as we promised.

I, the AMMEYN RAS have been sent by YAH RASTAFARI to teach you these things and to give you this teaching if you're willing to be acceptable to it. Don't reject these teachings or the teacher even if you don't fully understand them right now at the present time. Give it a chance! It takes time just like your 'locks' will. Eat what you can and come back soon for more. It'll grow and so will you. I've come to serve not to rule. We will now re-Begin!

HOW TO KNOW-HOW

The 1st thing to understand about the LOCKS of LIFE and growing them is what's in a name and it's true meaning. There are many people who refer to the LOCKS of LIFE by the false name of "dread" which means awful. Our hair ('black hair') is not "dreadful" it is beautiful. Our Kushly (kinky or "kingly") hair is Yamare which means "acceptable; beautiful, pleasant" in our language Amaric, the new language.

If you ask many people even some who call themselves "Rasta" how to grow locks you will get all sorts of mis-leading answers which won't help at all. That's a shame and some one has to set the record straight. That's why I'm here and that's what we've been saying all along. You've got to have Know-How right here and right now. No more false teachings by ones who just don't know the direct truth. In our new language, the Ethiopian language of Amaric, the lamb's language we refer to our "locks" by the name qwen-dala. We've

explained this already in A'EMMRO writ no. 4. If you don't have a copy of this writ simply send us a self addressed stamped envelope requesting Writ no. 4 and we'll send you a copy.

What is QWENDALA ?

Now instead using of the negative name "dreadlocks" to refer to our beautiful Kushly hair we will now refer to them by their true name qwen-dala. Therefore as you read and study this, remember to know that qwen-dala refers to what is commonly and falsely called "dreadlocks". When you see the Amar-ic word qwen-dala realize that it translates as "locks". Begin to use all the new words from the Amar-ic language in your understanding and conversation. Also inform others of the truth because TRUTH IS THE LIGHT!

TYPES OF HAIR

You must understand primarily the three basic types of hair and which one you possess in order to know how and what you may have to do for your qwen-dala. There are three ethos or "characteristics" of hair. We know them simply as 1, 2, and 3 ethos (character) which is rightly called Kushly (kinky or "kingly"), curly ("wavy") and straight (dog-like). They are numbered and named after the particular patterns which they form. Some call them 9 ether, 8 ether, 7 ether and 6 ether. Of course 9 ether is the highest which is the same as 3 ethos which is the square root of 9. We will discuss this in more detail in the pamphlet entitled "LOCKS: THE NEW COVENANT" authored by the Ameynras which is coming soon. Look for it! Sight it out!

What's your Ethos ?

People with 3 ethos hair can best grow their hair naturally. People with 2 ethos hair can best grow their hair by twisting. People with 1 ethos hair are advised that it is very difficult, yet braiding may be their best bet.